

## Listening Worksheet : Steps in Hearing from God

### 1. Ask Him

**Questions to Ask God:** (Find a quiet corner. Choose one Q below to focus on.)

What do you want me to be thankful for today? Who are you God? What characteristic of yours do I need to remember today?

What promise do you want to give me today?

What gift do you want to give me today? What game do you want to play with me today? Why? How do you see me today?

What do you like about me today? Why?

What does my heart look like? What gift can I offer you today?

What do you think about the TV/movies I watch?

What do you think about what I read? What do you think about what I say? My language? What do you think about my parenting?

What do you think about the way I am towards my husband?

What burden am I carrying that you want me to give to you today?

What fears do I have that are holding me back?

What lie do I believe about myself?

Who do you want me to pray for today? What should I say?

Who can I encourage today? How?

### 2. Analyze the Answer:

Is it Biblical? Think of a verse.

Does the Holy Spirit give you peace?

Do other believers agree that it is from God? Ask a mentor/friend.

If you accept it, will it make a positive difference in your life? How?

### 3. Respond (Accept or Reject)

#### ***Accept the Answer?:***

Thank God...

Believe God...

Act on it - God wants me to...

I will tell \_\_\_\_\_ to hold me accountable.

#### ***Reject the Answer?:***

Ask God where it came from...

Ask God what He wants you to do about it...

Analyze this new answer...

*“Be still and know that I am God.” - Ps 46:10a*

*Turn information into revelation. Listen for His voice. We can spend time with a counselor for hours but when He speaks to us, it's from our Creator.*

*(Source: Bev Peters)*