Heart Issues: “Holy Spirit, what is in my heart...?”

These groupings are not complete.
They are here to aid you in discovering strongholds and oppression.

What have you been experiencing in your life...?

ACCUSATION Judging Criticism Faultfinding
ADDITION Nicotine Alcohol Drugs Medications Caffeine Gluttony
AFFECTATION Theatrics Playacting Sophistication Pretension
BITTERNESS Resentment Hatred Unforgiveness Violence Temper Anger Retaliation Murder
CONFUSION Frustration Incoherence Forgetfulness Circular Reasoning
COMPETITION Driving Argument Pride Ego
CONTROL Possessiveness Dominance Witchcraft
COVETOUSNESS Stealing Kleptomania Material Lust Greed Discontent
CURSING Blasphemy Coarse Jesting Gossip Criticism Backbiting Mockery Belittling Railing
DEATH DEPRESSION Despair Despondency Discouragement Defeatism Dejection Suicide
Hopelessness Death Insomnia Morbidity
DOUBT Unbelief Skepticism
ESCANE Indifference Stoicism Passivity Sleepiness Alcohol Drugs
FALSE BURDEN False responsibility False compassion
FATIGUE Tiredness Weariness Laziness
FEARS (ALL KINDS) Phobias (all kinds) Hysteria
FEAR OF AUTHORITY Lying Deceit
GRIEF Crying Sadness Cruel Sorrow Heartache Heartbreak
GUILT Condemnation Unworthiness Embarrassment
GLUTTONY Nervousness Compulsive Eating Resentment Frustration Idleness Self-pity Self-reward
HEAVINESS Burden Gloom Disgust
HYPERACTIVITY Restlessness Driving Pressure
INDECISION Procrastination Compromise Confusion Forgetfulness Indifference
INHERITANCE Physical Emotional Mental Curses
IMPATIENCE Agitation Frustration Intolerance Resentment Criticism
MIND-BINDING Confusion Fear of Man Fear of Failure Occult Spirits Spiritism Spirits
INIRMITY may include any sickness or disease
INSECURITY Inferiority Self-pity Loneliness Timidity Shyness Inadequacy Ineptness
JEALOUSY Envy Distrust Suspicion Selfishness
MENTAL ILLNESS Insanity Madness Mania Retardation Senility Schizophrenia Paranoia Hallucinations
MIND IDOLATRY Intellectualism Rationalization Pride Ego Humanism
NERVOUSNESS Tension Headache Nervous habits Restlessness Excitement Insomnia Roving Striving
PARANOIA Jealousy Envy Suspicion Distrust Fears Persecution Confrontation
PASSIVITY Funk Indifference Listlessness Lethargy
PERFECTION Pride Vanity Ego Frustration Criticism Irritability Intolerance Anger
PERSECUTION Unfairness Fear of Judgement Fear of Condemnation Fear of Accusation Fear of Reproof Sensitivity
PRIDE Ego Vanity Self-righteousness Haughtiness Importance Arrogance
REBELLION Self-will Stubbornness Disobedience Anti-submissiveness
RELIGIOSITY Legalism Rigidity Self-righteousness Judgement Condemnation
REJECTION Self-rejection
RETIATION Destruction Spite Hatred Sadism Hurt Cruelty
SELF-ACCUSATION Self-hatred Self-condemnation
SELF-DECEPTION Self-delusion Self-seduction Pride
SENSITIVITY Self-awareness Fear of man Fear of disapproval
STRIFE Contention Bickering Argument Quarreling Fighting
VICTIM Self-pity Bitterness Entitlement Embellishment
WITHDRAWAL Pouting Daydreaming Fantasy Pretension Unreality
WORRY Anxiety Fear Dread Apprehension

Another way of possible groupings of emotions and behaviours...

Strongholds/Clusters

Cluster 1: anger, hatred, malice, rage, murder, temper, cursing, vengeance, retaliation, violence, abuse, cruelty, sadism, unforgiveness, bitterness, being judgmental or critical, taking offense easily/ irritability, anger towards men or women, anger towards mother or father, anger towards authority, anger/ resentment towards God

Cluster 2: fear, fear of man, fear of authority, doubt/ unbelief, dread, worry, anxiety, fear the worst will happen, fear of various illnesses such as cancer, fear people will get angry with you or won’t like you, spirit of false responsibility, spirit of rush

Cluster 3: abandonment, desertion, divorce, rejection, neglect, victimization, blocked intimacy, not valuing people/ relationships/ ending relationships, burning bridges, isolation, loneliness, self-pity

Cluster 4: shame, anger, condemnation, disgrace, embarrassment, guilt, hatred, self-hate, self-pity, withdrawal, hiding/ antisocial. timidity, inferiority

Cluster 5: lying, cheating, theft, deception, trickery, untrustworthiness, adultery, emotional adultery, denial, self-deception, secretiveness, hiding purchases/ activities/ relationships
Cluster 6: financial lack, belief in poverty, robbing God by not tithing, not believing in covenant blessings, greed, covetousness, debt, dishonesty, idolatry of possessions, failure

Cluster 7: addictions, alcohol, tobacco, drugs, food, sugar, coffee, chocolate/ sweets, pornography, sex, flirtation, junky magazines/ websites/ TV shows/ movies, overeating, drinking too much alcohol, anything you cannot do in moderation

Cluster 8: sensuality, lust, fantasizing/ coveting another's mate, flirtation, premarital sex, sexual abuse, fornication/ adultery/ emotional adultery, demonic sex, pornography, bondage/ control, rape, incest

Cluster 9: depression, rejection, despair, helplessness, hopelessness, sadness, self-pity, withdrawal, suicide

Cluster 10: grief, sorrow, despair, heartbreak, loss, pain, torment, weeping, anguish, agony

Cluster 11: mental instability, mental illness, compulsions, confusion, hysteria, paranoia, schizophrenia, insanity

Cluster 12: pride, arrogance, disdain, selfishness, control/ pushiness, independence, callousness/ lack of concern for others, gossip

Cluster 13: procrastination, sloth, laziness, distraction/ confusion/ lack of focus, not thinking things through before acting, speaking or writing e-mails, lack of organization/ preparation, lateness/ tardiness, missing appointments/ phone calls

* Now, see the 7 Prayers Sheet to release these heart issues...