

Heart Issues: “Holy Spirit, what is in my heart...?”

These groupings are not complete.

They are here to aid you in discovering strongholds and oppression.

What have you been experiencing in your life...?

ACCUSATION Judging Criticism Faultfinding

ADDICTION Nicotine Alcohol Drugs Medications Caffeine Gluttony

AFFECTATION Theatrics Playacting Sophistication Pretension

BITTERNESS Resentment Hatred Unforgiveness Violence Temper Anger Retaliation Murder

CONFUSION Frustration Incoherence Forgetfulness Circular Reasoning

COMPETITION Driving Argument Pride Ego

CONTROL Possessiveness Dominance Witchcraft

COVETOUSNESS Stealing Kleptomania Material Lust Greed Discontent

CURSING Blasphemy Coarse Jestings Gossip Criticism Backbiting Mockery Belittling Railing

DEATH DEPRESSION Despair Despondency Discouragement Defeatism Dejection Suicide

Hopelessness Death Insomnia Morbidity

DOUBT Unbelief Skepticism

ESCAPE Indifference Stoicism Passivity Sleepiness Alcohol Drugs

FALSE BURDEN False responsibility False compassion

FATIGUE Tiredness Weariness Laziness

FEARS (ALL KINDS) Phobias (all kinds) Hysteria

FEAR OF AUTHORITY Lying Deceit

GRIEF Crying Sadness Cruel Sorrow Heartache Heartbreak

GUILT Condemnation Unworthiness Embarrassment

GLUTTONY Nervousness Compulsive Eating Resentment Frustration Idleness Self-pity Self-reward

HEAVINESS Burden Gloom Disgust

HYPERACTIVITY Restlessness Driving Pressure

INDECISION Procrastination Compromise Confusion Forgetfulness Indifference

INHERITANCE Physical Emotional Mental Curses

IMPATIENCE Agitation Frustration Intolerance Resentment Criticism

MIND-BINDING Confusion Fear of Man Fear of Failure Occult Spirits Spiritism Spirits

INFIRMITY may include any sickness or disease

INSECURITY Inferiority Self-pity Loneliness Timidity Shyness Inadequacy Ineptness

JEALOUSY Envy Distrust Suspicion Selfishness

MENTAL ILLNESS Insanity Madness Mania Retardation Senility Schizophrenia Paranoia
Hallucinations

MIND IDOLATRY Intellectualism Rationalization Pride Ego Humanism

NERVOUSNESS Tension Headache Nervous habits Restlessness Excitement Insomnia Roving
Striving

PARANOIA Jealousy Envy Suspicion Distrust Fears Persecution Confrontation

PASSIVITY Funk Indifference Listlessness Lethargy
PERFECTION Pride Vanity Ego Frustration Criticism Irritability Intolerance Anger
PERSECUTION Unfairness Fear of Judgement Fear of Condemnation Fear of Accusation Fear of
Reproof Sensitivity
PRIDE Ego Vanity Self-righteousness Haughtiness Importance Arrogance
REBELLION Self-will Stubbornness Disobedience Anti-submissiveness
RELIGIOSITY Legalism Rigidity Self-righteousness Judgement Condemnation
REJECTION Self-rejection
RETALIATION Destruction Spite Hatred Sadism Hurt Cruelty
SELF-ACCUSATION Self-hatred Self-condemnation
SELF-DECEPTION Self-delusion Self-seduction Pride
SENSITIVITY Self-awareness Fear of man Fear of disapproval
STRIFE Contention Bickering Argument Quarreling Fighting
VICTIM Self-pity Bitterness Entitlement Embellishment
WITHDRAWAL Pouting Daydreaming Fantasy Pretension Unreality
WORRY Anxiety Fear Dread Apprehension

Another way of possible groupings of emotions and behaviours...

Strongholds/Clusters

Cluster 1: anger, hatred, malice, rage, murder, temper, cursing, vengeance, retaliation, violence, abuse, cruelty, sadism, unforgiveness, bitterness, being judgmental or critical, taking offense easily/ irritability, anger towards men or women, anger towards mother or father, anger towards authority, anger/ resentment towards God

Cluster 2: fear, fear of man, fear of authority, doubt/ unbelief, dread, worry, anxiety, fear the worst will happen, fear of various illnesses such as cancer, fear people will get angry with you or won't like you, spirit of false responsibility, spirit of rush

Cluster 3: abandonment, desertion, divorce, rejection, neglect, victimization, blocked intimacy, not valuing people/ relationships/ ending relationships, burning bridges, isolation, loneliness, self-pity

Cluster 4: shame, anger, condemnation, disgrace, embarrassment, guilt, hatred, self-hate, self-pity, withdrawal, hiding/ antisocial. timidity, inferiority

Cluster 5: lying, cheating, theft, deception, trickery, untrustworthiness, adultery, emotional adultery, denial, self-deception, secretiveness, hiding purchases/ activities/ relationships

Cluster 6: financial lack, belief in poverty, robbing God by not tithing, not believing in covenant blessings, greed, covetousness, debt, dishonesty, idolatry of possessions, failure

Cluster 7: addictions, alcohol, tobacco, drugs, food, sugar, coffee, chocolate/ sweets, pornography, sex, flirtation, junky magazines/ websites/ TV shows/ movies, overeating, drinking too much alcohol, anything you cannot do in moderation

Cluster 8: sensuality, lust, fantasizing/ coveting another's mate, flirtation, premarital sex, sexual abuse, fornication/ adultery/ emotional adultery, demonic sex, pornography, bondage/ control, rape, incest

Cluster 9: depression, rejection, despair, helplessness, hopelessness, sadness, self-pity, withdrawal, suicide

Cluster 10: grief, sorrow, despair, heartbreak, loss, pain, torment, weeping, anguish, agony

Cluster 11: mental instability, mental illness, compulsions, confusion, hysteria, paranoia, schizophrenia, insanity

Cluster 12: pride, arrogance, disdain, selfishness, control/ pushiness, independence, callousness/ lack of concern for others, gossip

Cluster 13: procrastination, sloth, laziness, distraction/ confusion/ lack of focus, not thinking things through before acting, speaking or writing e-mails, lack of organization/ preparation, lateness/ tardiness, missing appointments/ phone calls

** Now, see the **7 Prayers Sheet** to release these heart issues...*