

Reflective Reading of Scripture.

Connecting to the Word of God with both head and heart.

Listen for His voice. Meditate on His Truth. Pray His Word. Be... filled, comforted, led, inspired, and nourished by the Holy Spirit.

Process (Repeat passage three times):

(a) **Read** the Scripture passage

(b) **Reflect** on the focus question below

(c) **Respond** in quiet prayer/journaling

(d) **Rest** in God's invitation for you then pray/share out loud if you want

Pray: *God, open my heart, mind, and ears to hear your voice through your Word. In Jesus' name, Amen.*

Read the selected passage (if in a group, together).

1st Reading: What is one word or phrase the Holy Spirit impresses on you? Underline or circle any words or phrases if you wish. Meditate on that.

2nd Reading: Enter into the Scripture passage. What do you feel? What specific situation in your life today relates? Write down a prayer or pray quietly.

3rd Reading: What is God's personal invitation for you from the Scripture? Write down what God may be saying to you or a prayer of thanks. Or rest quietly in God.